

Provelop Biographies

Tony and Steve have been working in professional football for 16 years and 10 years respectively

Tony was forced to retire from professional football through injury at the age of nineteen. Tony then went on to Graduate as a physiotherapist and Sports Scientist and is currently studying for a degree in psychology.

Tony's involvement in human performance originated when he was the Head Physiotherapist at Manchester City Football Club Academy. In 2000 Tony left Manchester City F.C, to move to Blackburn Rovers to take the position of Head of the Medical department at the Academy. Over the years Tony has exposed himself to develop his own skill set in areas of, Performance management in multitude of professions

Steve graduated from Demontford University with his Batchelor of Education and honours degree.

Steve originally was a young player at Blackburn Rovers Premier league football club, and fosters close connections with the club, as he has moved through the Academy as coach, to coach educator, specialising in the younger years of learning and development. Then Steve became the youngest Head of Education and Welfare within the academy system in the country. Steve currently Heads the Recruitment at the Academy.

Since 2003 Tony and Steve have travelled the world to work with some of the leading experts in the world of performance psychology. Their goal has been to formulate a working model that can be implemented within an elite sporting environment to aid both coaches and players awareness of the psychological traits required to maximize potential. Their working model has now been in place within the Academy at Blackburn Rovers FC for the past three years.

Tony and Steve come from a unique environment where there are not always success stories. They have been involved with successful teams and underperforming teams so are acutely aware of the indicators for both success and underachievement for development and performance

Tony Faulkner

Steve Nickson